



**LIST OF SERVICES PROVIDED BY  
THE NATURAL APPROACH HEALING CENTRE P/L  
101 Wheatsheaf Rd. GLENROY. 3046  
Phone 9370 8777**

[www.naturalapproach.com.au](http://www.naturalapproach.com.au)

**Open By Appointment Wednesday 7am to 8pm, Saturday 7am to 5pm**

THERAPIES AVAILABLE	CONSULTATION DURATION	CONSULTATION COST	DESCRIPTION OF THERAPY
ANGEL READINGS	1 Hour	\$75.00	Angel Readings assist people with their direction and purpose in life. They can be given to shed light on a particular issue, answer a question, or to simply connect you with your angels.
ARCHETYPAL READINGS	1.5 Hour	\$150.00	Readings to evaluate your personal archetypes and life lessons associated with them. From here we can assess where you may be stuck in life and we can then help you move forward to where you want to be.
AURA CLEANSING	30 Mins	\$70.00	This technique is used to cleanse and revitalise your own energy and to release any negative energy that you have taken on.
BEFE DETOXIFYING TREATMENT	Initial 50 Mins Return 45 Mins	\$50.00 \$45.00	The Bio-Electric Field Enhancer unit, or BEFE unit, is designed as a therapeutic aid to assist with detoxing and energy enhancement.
BOWEN THERAPY	Initial 1 Hour Return up to 60mins	\$80.00 \$70.00	Bowen is a remedial body technique that is extremely gentle and relaxing. It empowers the body's own healing resources to achieve balance and harmony.
SOUND BATH/ colour Therapy	1 Hour	\$100.00	This technique is used to cleanse and revitalise your own energy and to release and 'Improve your Life'. The gentle vibrations of different impliments balances the bodies energy centre, bringing balance and healing where needed.
SPIRITUAL COUNSELLING	1 hour	\$100.00	A confidential process primarily focused on empowering & enhancing the psychological well-being of the client with a holistic approach, thus enabling the client to reach their full potential.
CRYSTAL HEALING	1 Hour	\$80.00	A Crystal Healing incorporates the energy healing of Reiki with the careful placement of crystals on the body. Intuition decides which crystals are needed and where they needed most.
CUTTING THE TIES THAT BIND	2x 30mins	\$80.00	Cutting the ties that bind is a method that allows a person to become independent and whole, relying only on their inner source of wisdom and security.
EAR CANDLING	30 Mins	\$55.00	A traditional healing method from Hopi Indians where special candles are placed in each ear and burnt to balance the body, clients have reported improvement with sinus, tinitus, and migraines.
EMOTIONAL FREEDOM TECHNIQUE	30 Mins	\$55.00	A self-empowering technique which allows the client to release negative conditioning and problematic emotions by tapping over the body's energy meridiens. This technique has proven to be very effective.
FLOWER ESSENCES CONSULTATION	30 Mins Essence	\$45.00 \$20.00	A consultation to determine which blend of the 100's of flower essences can assist you with your current situation.
FLOWER ESSENCE OR ESSENTIAL OIL READING	30 Mins	\$45.00	An intuitive reading which shows the client the problematic emotion or condition. The client then decides if they wish to take the chosen Flower Essence or Essential Oil to assist wellbeing.
KINESIOLOGY	1.5 Hour	\$120.00	Kinesiology is the study of motion, where 'Muscle Testing' is the key technique used to detect and correct various imbalances in the body.
LIFE COACHING	1 hour	\$100.00	The Real Life Coaching experience is designed to improve all areas in your life in a simple and proven method. This method often assists those who feel as though their life is not going to plan or their goals are not being achieved.
NEURO-MEDITATION (SERENITY)	Initial Test 30 Mins Session 40 Mins 10 Sessions	\$35.00 \$45.00 \$350.00	Neuro-meditation educates the brain to perform in the desired manner. It assists the brain in self regulating both mental & physical functions & empowers the organism to self heal.
PRANIC HEALING	1 Hour	\$80.00	Involves cleaning and energising the energy field around a person. Pranic healing uses colour to energise the person and is used for physical, mental, emotional and spiritual balance.
REIKI or Pranic Healing	1 Hour	\$80.00	Reiki is a 'hands on' therapy that sends energy throughout the body to the area that requires the most healing. This technique is very relaxing and suitable for stress release and many others conditions.
COMBINED THERAPY	1 Hour	\$97.00	This is a combination of both Emotional Freedom Technique and Bowen Therapy used together, this creates a powerful change for the client needing to move through a troubling emotion/ experience.

PRODUCTS AVAILABLE AT OUR ONLINE SHOP ..

SUPPLEMENTS , GLUTEN FREE PRODUCTS, CRYSTALS, SALT LAMPS, MEDITATION/RELAXATION CDS AND MUCH MORE

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